



RALEIGH REDHAWKS RUGBY MINI-CAMP

January 9th & 10th

The Raleigh Redhawks will host a two-day mini-camp on Saturday, January 9th and Sunday, January 10th at the JCC (12804 Norwood Road, Raleigh, NC). We are very pleased to announce that professional rugby coaches James Walker and Nese Malifa from Tiger Rugby will run the camp and share their vast rugby experience with our players. For more information about the coaches and Tiger Rugby, please see the following pages.

This camp is designed to give our players a jump-start on the season and teach many basic rugby concepts. We will further develop the concepts taught at camp throughout the season.

Please note these important items about camp:

- Camp will run from 9:00 am to 2:00 pm on Saturday and 11:00 am to 4:00 pm on Sunday
- Please arrive 20 minutes prior to the scheduled start time
- Lunch will be provided both days
- Please wear rugby shorts (if you have them) and cleats
- Please bring a mouth guard
- Please bring a water bottle
- Please park in the JCC parking lot
- Camp is mandatory for Redhawks high school and middle school players (5th and 6th grade players are also welcome to attend)

- ***There is no additional cost to attend camp beyond your regular Redhawks registration fee***
- ***You must be registered with the Redhawks to participate in the camp***

If you have any questions, please contact Dave Krosner (dkrosner@poyners.com, 919.412.6030) or Andy Thomas (919.696.6776, andrew.thomas@astellas.com).



James Walker

James founded Tiger Rugby after looking to find more ways to expose American players to high-level competition. Between 2006 and 2012 he coached his club side, Belmont Shore, to seven consecutive national championship tournaments, including five straight Cup finals, winning three. Since 2012, James has focused entirely on growing the Tigers, leading them to tournaments on all continents.



Nese Malifa

Nese is a Regional Director for Tiger Rugby. He played flyhalf for the United States national team since his debut against the England Saxons in 2007. Nese made two appearances at the 2007 Rugby World Cup in France, and played three matches for the U.S. at the 2011 Rugby World Cup in New Zealand. Nese also played for the United States national rugby union team (sevens), and he led the U.S. in scoring during the 2009 - 2010 IRB Sevens World Series with 120 points. Nese now resides in Southern Pines, NC, where he leads Tiger Rugby Olympic Development Academy for the region and is very active in promoting, growing and coaching youth rugby.



Tiger Rugby has grown from a local touring side to an internationally respected rugby brand with touring teams that cross the globe looking for new places to compete. Over the past seven years, Tiger Rugby has competed at the Nelson Mandela Bay Sevens in South Africa, Mar Del Plata Sevens in Argentina, Safari Sevens in Kenya, Shanghai Sevens in China, Melrose Sevens in Scotland, Cancun Sevens in Mexico, Central Coast Sevens in Australia, and has also competed in Fiji, Bora Bora and Tahiti. Additionally, international representative players from the USA, New Zealand, Kenya, and England have come through our ranks, including USA Sevens superstar and 2016 Summer Olympian, Perry Baker.

Recently, Tiger Rugby has been very involved in player selection and combines for the newly formed PRO Rugby League, USA Rugby's official professional rugby league that is set to begin in 2016.

Tiger Rugby Olympic Development Academy exists to provide up and coming rugby players with the necessary tools to maximize their potential, as well as create a clear pathway to professional rugby and the national team. Tiger Rugby works with some of the best coaching resources on the planet to provide prospective Olympians with cutting edge training techniques within a highly competitive environment. An athlete's progress will be continually monitored and assessed with feedback given on progression. High achievers will be put forward for consideration on Tiger, Tiger Cubs (high school) and, ultimately, national team selection.